

# 怎么知道你是否在恋爱！

## 真爱的十个测试

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#### 测试五、你在意自己的外表和行为吗？

婚姻是很慎重的一件事。尽管现代思潮试图淡化这种圣洁的持守一生一世的婚姻关系，但是上帝的旨意依然是：“只有死亡能够把我们分开。”因此，在进入婚姻之前，能够确定真爱是非常重要的。头脑清醒地对待这件事可以使以后的生活少去很多的头疼和眼泪。

这里是第五项测试：*你是否开始注意自己的外表？你是否更加留心自己的行为？你不再动作轻浮？你是否发现自己花更多时间使自己看起来更像样，使自己的行为更好？*

我知道有些人，特别是女孩子，花费很多时间打扮自己。但是，我指的不是这个。这种是外在的挑逗，以及引发的对漂亮女孩子的吹口哨。我说的，是陷入真爱的人，在外表上希望看起来最好，在行为上，希望做出来最好，其目的在于打动你渴望打动的的那个人。

有些人对衣着和个人清洁毫不在意。几乎从来不花时间来使自己的鞋子、衬衫和西装看起来非常整洁。甚至经常把自己的日常清洁也给忽略了。这可能就是所谓的阳刚之气，而有些人也正是打着这个幌子来做掩盖。

当一个总是无精打采的人，一反常态，开始注意自己的外表，开始关心自己的清洁和整齐，那么很可能，这个人是在恋爱了。

这种改变对于一个人来讲其实是非常困难的。但是实际上改变的情况确实时有发生，而且确实有其意义。陷入真爱中的人总是想要打动被爱的人。恋爱中的人希望对方对自己能有好的印象。

你看，爱人的眼睛是很敏锐的。与大家一般认为的恋爱是盲目的想法不同，事实是爱的眼睛可以看到别人忽略的东西。这也是为什么恋爱中的人特别注意外表和行为的原因。

这种新的关注不仅仅是表面现象。不仅仅是涂粉、抹胭脂、抹口红的问题。这是对于一个新的理想的根本改变。你希望自己看起来非常好，因为你全部生命最大的愿望就是使某人高兴。

你想让对方对你感觉很好。为了达到这点，你愿意去彻底改变自己，做自己以前不喜欢做的事。你的衣服会更加传统，因为他喜欢稳重的女孩。你愿意留长发，因为在这点上，他是比较传统的。你在行为上愿意更加保守，因为知道他会喜欢你这个样子。

当你买香水的时候，你会挑选他喜欢的味道。当你选择新衣服的时候，要选蓝色的，因为你碰巧听到他喜欢蓝色。当你购物的时候，你做了一件以前闻所未闻的事：你买了一些缝纫材料，只是想让他认为你是个顾家的女孩。

我不是要努力解释所有这些现象。我只是想指出事实就是如此。我们叫做“爱”的东西带来这种反应。不是假装出来的，而是无意识产生的结果。是一种真正的无私的行为。当你爱某个人的时候，你想要做让对方喜悦的事情。这经常会带来整个外表的改变，通常是变得更好。

在行为上，同样的改变也发生了。轻浮女孩变成端庄淑女。轻率的男孩变成彬彬有礼的小伙子。所有这些转变都是因为真爱的使然。

无疑这是上帝的计划。一个人从不确定的、不可靠的青少年，到认真的，可以依赖的年轻人，有一座桥必须跨越。真爱就是完成这个转变的催化剂。

这是男孩和男人，女孩和女人之间的转变要跨越的桥梁的一部分。但是在成熟与不成熟之间，自私与无私之间也有一座桥需要跨越。整个模式必须是合而为一的。因为年轻人要被转变为成年人，不负责任最终将被负责任所代替。

## **How To Tell If You're In Love – 10 Tests For True Love**

### **William W. Orr**

#### **Test Number Five**

**Are You Concerned About...**

**Marriage is serious business. Even though modern thinking takes a dim view of the life-enduring sanctity of the marriage relationship, God's intention is still "until death do us part." Therefore, it is exceedingly important to be sure it's really love. Some sober thinking on this side of marriage may prevent acres of heartaches and rivers of tears.**

**Here then is test number five. Have you noticed a new concern about your appearance? Are you having much more serious thought about your conduct? Have you lost that rather silly frivolity? Do you find yourself giving a greater amount of time in both looking your finest and acting your best?**

**Now I know that some, girls especially, spend an interminably long time in primping and preening for almost every occasion. But I'm not speaking of that. This new concern is not for the purpose of flirtation or getting wolf whistles. This is a serious interest in looking your finest and acting your best in order to impress that certain someone whom you greatly desire to impress.**

**Some fellows are notoriously careless in dress and habits of cleanliness. Almost no time or effort is spent on keeping shoes, shirts and suits in first-class condition. And too often the daily cleaning is neglected. This is supposed to be a characteristic of masculinity, and some have sought to excuse it under the heading. So it is good sign of love's approach when the man in the case throws over the established tradition of being slouchy, and takes on the exemplary behavior of concern about his appearance and care about his tidiness and cleanliness.**

**And don't think that it doesn't take a near revolution in some fellows' lives to bring this about. But it does happen, and it does have a meaning. True love always wants to impress the object of affection. True love wants to be well thought of.**

**You see, love's eyes are very keen. Contrary to the saying that love is blind, the truth is that love's eyes see things which other eyes fail to perceive. All the more reason for concern about appearance and conduct. ...Your Appearance and Conduct?**

**This new concern is not merely a surface matter. It's not just more or less powder or rouge or lipstick. It's a fundamental change to a new deal. You want to appear at your very best because one of the greatest desires in your whole life is to favorably impress that certain person.**

**You want him to think well of you. And to bring this about, you're willing to alter anything in your life that's out of line. Your dresses will be more modest because He approves of modesty in girls. You'll let your hair grow longer because he's rather old-fashioned about this. You're planning to be much more conservative in behavior because you're sure he'll approve.**

**As you buy your perfume you're thinking of a scent that he'll like. As you choose your new dress, it must be blue because you happened to hear that he's fond of blue. As you shop, you do almost an unheard-of-thing ...you get some sewing material simply because you want him to think of you as domestically inclined.**

**I'm not endeavoring to explain all this. I'm just saying it's so. That thing we call love produces this kind of reaction. It's not put on, rather it's an unconscious result. It's a form of true unselfishness. When you love someone, you want to do the things that please him...or her. Very frequently the entire appearance is altered. Usually, it is for the better.**

**And in conduct, frequently the same transformation occurs. The giddy girl turns into the demure maiden. The harebrained boy settles down into the well-behaved lad. And it is all because of the lifting, enabling quality of genuine love.**

**Undoubtedly this is the way God planned it. For the bridge from dubious, unreliable teens to the serious, dependable twenties must be made. And a dose of real love is the proper way to do it.**

**This is partly the bridge between the lad and the young man, or between the girl and the young woman. But it's also a bridge between immaturity and maturity, and between selfishness and unselfishness. The whole pattern is supposed to fit together, for the young people are to be changed into adults, and irresponsibility must assume responsibility.**

**Let me turn now to the analogy of our love for Christ. A great tragedy in the Christian life is the lack of real affection for our Lord on the part of Christian people.**

**Most Christians "want" to love Christ. But they foolishly allow things, and even good things, to come between their hearts and the heart of their Savior.**

**How about you? Do you truly love Christ? I mean, do you deeply, sincerely, unselfishly love Him? Do you love Him more than anyone else in the whole world? You should, for He is worthy.**

**How can you know? Well, let's apply this test. Since you have come to know Christ, are you more careful and concerned about your appearance? And I'm not thinking merely of your physical appearance, your clothing, your face, your hair. Rather, I'm thinking of your "spiritual" appearance.**

**Do you earnestly desire that the fruit of the Spirit should characterize your life? Are you conscious of the lack of "love, joy, peace, longsuffering"? Do you sense the absence of "gentleness, goodness, faithfulness, self-control"?**

**Because of your affection for Christ do you find yourself endeavoring to rectify these needs? When you awaken in the morning do you seek to spiritually prepare for the day's journey with Him? Do you desire more than all else that your conduct shall do honor to the One whose you are and whom you serve?**

**Because you walk daily with the risen Christ do you seek to have your conduct measure up? Are you seeking constantly to be less selfish and more generous, less censorious and more forgiving, less worldly and more spiritual?**

**Love is like that. When you truly love a Person, you'll be so conscious of defects in your life, and you'll seek in every way possible to have your life measure up. And here's a secret, in the matter of your for Christ, God will help you to do so. For this is all part of His wonderful and marvelous plan for your life.**

**You see, God has a wonderful future planned for His children. It's not merely the days of this life and then quits. There's a great big, wonderful eternity coming and you are all wrapped up in God's plan. Hence the necessity for the days of your years to be consciously delivered over into God's fashioning hands. He'll do the work in us, you may be sure, if our deep love invites Him to proceed.**